POUGHKEEPSIE, NY - You can now use your EBT card and SNAP benefits to buy farm-fresh fruits, vegetables, meat, eggs, poultry, baked goods and more at the Poughkeepsie Waterfront Market. Visit the Market Manager's table to swipe your EBT card and receive tokens that can be used as cash to purchase food at the Market. The Farmer’s Market runs Monday afternoons through Labor Day from 3 - 6:30 pm in the Pavilion of the Mid-Hudson Children's Museum, located at 75 N. Water Street at the Poughkeepsie waterfront.

The federally funded Supplemental Nutrition Assistance Program, commonly known as SNAP, offers nutrition assistance to millions of eligible, low-income individuals and families and provides economic benefits to communities. SNAP customers can purchase fresh fruits and vegetables, plants that grow food, breads, baked goods, eggs, meat, fish, poultry, dairy products, maple syrup and honey, seeds, jams and sauces. All products come from local Hudson Valley farms. The Market also participates in the WIC Farmers Market Nutrition Program to ensure the affordability of fresh produce and farm products for low-income individuals and families.

Senator Kirsten Gillibrand visited Poughkeepsie’s outdoor waterfront Market on July 30 to voice her support of the SNAP program. She spoke with local farmers, and to the media about the importance of access to fresh food for families from all income groups.

The Mid-Hudson Children's Museum the first children’s museum in the entire nation to host a public farmer’s market. This makes a big difference in our community by helping to tackle food insecurity and hunger in the city of Poughkeepsie, one of the worst urban food deserts in the country. It also means more sales for our local farmers, and a more sustainable market in general. Jennifer Soukup, a vendor at the Market, and owner of Soukup Farms in Dover Plains, said it is vital to her business to have the option to accept SNAP payments.

The Poughkeepsie Waterfront Market is steps away from both the Poughkeepsie Train Station and The Walkway over the Hudson, making the Market accessible to City residents, families visiting the Mid-Hudson Children’s Museum, tourists and commuters alike. The Pavilion that
hosts the Market is fully covered, offers public restrooms and free onsite parking at the Mid-Hudson Children’s Museum during the Market hours. The Poughkeepsie Waterfront Market is managed by the Mid-Hudson Children’s Museum.

Named “2017 Best Museum” by Hudson Valley Magazine and Hudson Valley’s “2017 and 2018 Favorite Kid-Friendly Museum,” by Kids Out And About, the Mid-Hudson Children’s Museum is the ideal destination for families with young children. With exhibits that focus on early literacy, art, STEM, and the local community, the museum provides an educationally rich environment through which children have the opportunity to develop foundational skills, to engage in purposeful play, and to develop interpersonal connections. The Museum is located in the heart of the historic waterfront in Poughkeepsie nestled between two city parks, and just steps away from the Poughkeepsie Metro-North Train Station, the Walkway over the Hudson’s elevator, and fabulous restaurants. The Mid-Hudson Children’s Museum is open Monday through Saturday from 9:30 am to 5:00 pm and Sunday from 11:00 am to 5:00 pm. Admission is $9.00 per person. Children under 1 year are free. Memberships available. Visit mhcm.org or call (845) 471-0589 for more information.

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**Photo Caption:** The Poughkeepsie Waterfront Market is open to the public on Monday afternoons through Labor Day from 3 - 6:30 pm.