

Good Life: Positive achievements for June 17

7:56 p.m. EDT June 16, 2015



(Photo: Courtesy photo)

Hospital employees honored

For their consistently positive attitudes, exemplary teamwork and above-and-beyond contributions to the workplace, Theresa Cierniak and Lori Simmons were named 2015 Employees of the Year at Northern Dutchess Hospital, Rhinebeck. The winners were recognized and received gifts at the hospital's recent annual employee barbecue.

Cierniak of Hyde Park joined the hospital in 2013 as a patient care technician who assists patients with bathing, feeding and movement. According to her nomination form, she makes patient safety and comfort her top priority.

"Theresa's peers nominated her because she never shies away from hard work. She performs her duties diligently, always with a smile on her face and is a great asset to us," said Denise George, hospital president.

Since 2011, Simmons of Tivoli has held the title of environmental services worker and provides positive patient experiences by ensuring a clean environment. Her nominators said Simmons takes pride in her responsibilities, knowing how the hospital environment is important to the healing process.

"Lori is a mentor to her colleagues and goes the extra mile for others without being asked," George said. "We couldn't ask for a better employee."

For more information, visit www.healthquest.org/ndh (<http://www.healthquest.org/ndh>)

Museum offers discounts for military personnel

[Mid-Hudson Children's Museum](http://www.mid-hudsonchildrensmuseum.org), Poughkeepsie, is participating in the Blue Star Museums program by offering free admission through Labor Day, Sept. 7, to military personnel and their families this summer in collaboration with the [National Endowment for the Arts](http://www.nea.gov), Blue Star Families and the [Department of Defense](http://www.dod.mil).

"The Mid-Hudson Children's Museum is once again proud to participate in this program," said Sara Capozzoli, museum director of public, media and corporate relations. "We look forward to welcoming military families and offering them our thanks for their service and sacrifice. We have seen this program continuously grow over the past few years and are happy to join the other museums across the nation in this partnership."

This year, more than 2,000 museums in all 50 states, the District of Columbia, [Puerto Rico](http://www.puertoricomuseum.org), and [American Samoa](http://www.americansamoa.gov) are taking part in the initiative, including more than 450 new museums this year.

The Mid-Hudson Children's Museum is open Tuesday through Saturday from 9:30 a.m. to 5 p.m. and Sundays from 11 a.m. to 5 p.m. Admission is \$8, per person; free for children under 1. Visit www.mhcm.org (<http://www.mhcm.org>) or call 845-471-0589.

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